

Patrick Keelan, Ph.D.

Registered Psychologist

Amundson & Associates

1614, 8th Ave., N.W.

Calgary, AB, T2N 1C2

403-289-2511

Professional Counselling Experience

- 2003 – present Supervising Registered Psychologist
Calgary Counselling Centre, Calgary, Alberta
I have worked with a wide range of issues and client populations.
- 2001 – 2003 Counselling Resident/Registered Provisional Psychologist
Calgary Counselling Centre, Calgary, Alberta

Counselling Supervision Experience

- 2003 – present Supervisor of registered provisional psychologists
Calgary Counselling Centre, Calgary, Alberta
- 2005 – present Supervisor of University of Calgary Ph.D. practicum students
Calgary Counselling Centre, Calgary, Alberta
- 2003-2008 Supervisor of University of Calgary and City University M.A.
practicum students

Education

- 1988-1994 University of Toronto, Toronto, Ontario
Degree earned: Ph.D., Psychology
- 1987-1988 University of Toronto, Toronto, Ontario
Degree earned: M.A., Psychology
- 1981-1987 University of Winnipeg, Winnipeg, Manitoba
Degree Earned: Bachelor of Arts with Honours in Psychology

Research Experience

- Published articles in various professional journals including Journal of Personality and Social Psychology, Canadian Journal of Behavioural Science, Journal of Social and Personal Relationships and Journal of Adolescence.
- Completed two-year postdoctoral research associate position at the University of Winnipeg from 1993 to 1995 working for Drs. Mark Baldwin and Beverley Fehr.

Teaching Experience

- 2000-present Instructor for courses in the Department of Psychology at Mount Royal University. Courses taught include Social Psychology, Research Methods and Statistics, and Principles of Psychology
- 1998-1999 Instructor for psychology courses at Red Deer College
- 1996-1998 Assistant Professor, Department of Psychology, Mount Allison University (included supervising students for their honours theses)
- 1995-1996 Assistant Professor, Department of Psychology, Brandon University (included supervising students for their honours theses)

Professional Affiliations

- College of Alberta Psychologists
- Psychologists' Association of Alberta

Special Skills and Interests

- Trained in couple counselling through the Gottman Institute.
- Regular presenter to interns and residents at Calgary Counselling Centre on how to help clients with depression and anxiety.
- Presented on behalf of Calgary Counselling Centre to various business and community groups on several topics including how counselling can help with depression, how depression affects relationships, how to prevent suicide and cutting behaviour in adolescents, and how to improve relationships at work.
- Coordinator of the depression program at Calgary Counselling Centre since 2003. Primary duties have included being the lead facilitator for the Managing Depression Group which helps clients learn cognitive-behavioural techniques to address depression, anxiety and other mood issues. I have also written a facilitators' manual.
- I have done many media interviews speaking on psychological topics for television, radio, newspapers and magazines. From 2006 to 2009 I was interviewed monthly on Shaw TV for a regular segment in which I discussed how viewers can use

psychological knowledge to improve their lives. I also created a Shaw TV program called The Psychology of Success in which I interview athletes and other performers about the psychological skills they use to succeed.

- My interests include distance running, competitive swimming, biking and triathlons.