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**Amundson & Associates**  
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## **EDUCATION:**

**2008 Master of Counselling:** Campus Alberta Applied Psychology

**Thesis:** What Counselling Psychologists Need to Know About Resiliency in Children and Adolescents – Awarded exemplary status by the University of Lethbridge

**Practicum Experience:**

2008 Calgary Women's Emergency Shelter

2007 Calgary Remand Center

**1996 BA, Major in Psychology:** University of British Columbia

## **EMPLOYMENT HISTORY:**

**2009/Present Registered Psychologist** – Amundson & Associates  
General Clinical Practice (individuals, couples, families)  
Brief Conflict Intervention – High conflict divorce cases  
Custody and access assessments  
Sexual risk assessments, treatment for sexually abusive behaviours

**2009/2011 Clinician** - Phoenix Program  
Conducted sexual risk assessments  
Provided individual and family counselling to address sexually intrusive behaviour of male youth (12-18 years) in a residential setting  
Provided individual, couples and family counselling to clients accessing Eastside Family Center  
Provided consultation to residential and community-based programs

**2007-2009 Crisis Counsellor** - Community Resource Team  
Provision of on-line, as well as individual and family support and referrals for individuals in crisis  
Hosted presentations about our services for other agencies within the community

**2005-2007 Team Leader** - Catalyst Program  
Worked with a multidisciplinary team to provide individualized mental health treatment to adolescents with complex mental health issues (dual diagnosis)

Responsible for all of the operational aspects of the program including: staff recruitment, training, and case management

- 2003-2005**      **Team Leader** - Protective Safe House  
Worked with mandated clients at risk of, or involved in prostitution
- 1999-2005**      **Correctional Officer (Casual)** - Bow River/Calgary Correctional Center
- 1998-2003**      **Youth & Family Counselor II**  
Provided guidance and support for adolescents with a multitude of emotional and behavioural issues who had not succeeded in other treatment facilities
- 1997-1998**      **Outreach Worker** - Community Living Alternative Services
- 1997-1998**      **Support Worker** - Calgary Home Support Services

#### **PROFESSIONAL DEVELOPMENT:**

- 2012**    **MMPI-2-RF Forensic Practice Briefing:** Presented by Dr. Yossef S. Ben-Porath.
- 2011**    **Managing High Conflict Clients:** Presented by Bill Eddy.
- 2011**    **Evidence-based Interventions for Children with Sexual Behaviour Problems: Treatment, Social and Policy Implications:** Presented by Jimmy Widdifield. Center on Child Abuse and Neglect, Department of Pediatrics University of Oklahoma Health Sciences Center.
- 2011**    **Welcome Back, Pluto: The Psychology of Families with Alienated and Estranged Children and the Principles, Procedures, and Ethical Considerations of Effective Help:** Presented by Dr. Richard A. Warshak.
- 2011**    **What's in a Word: The Language of Family Center Care:** Presented by Nancy McElheran.
- 2011**    **Infant Emotional Trauma, Chronic Neglect and Long-term Consequences:** Presented by Nicole Nagy and Josie Bennett.
- 2011**    **Resilience: Understanding and Building the Social Capacity to Thrive in Complex Children and Youth:** Presented by Dr. Wayne Hammond.
- 2010**    **Parenting Capacity Assessment in Child Protection Matters:** University of Calgary Continuing Education.
- 2010**    **The Impact of Trauma and Neglect on the Developing Child:** Presented by Dr. Bruce Perry.
- 2010**    **Aboriginal Awareness:** Presented by Mike DeGagne.

- 2010 Collaborative Helping: A Practice Framework for Working with Multi-Stressed Families:** Presented by Dr. William Madsen. Family-Centered Services Project.
- 2010 New Advances in Trauma Treatment:** Presented by Dr. Christine Courtois.
- 2010 Doing Therapy Briefly:** Presented by Dr. Arnold Slive.
- 2009 Systemic Concepts for Daily Practice:** Presented by Dan Wulff and Sally St George.
- 2009 A Response-Based Approach to Interpersonal Violence:** Presented by Nick Todd.
- 2009 Treatment of Sexually Abusive Youth: A Goal Orientated Approach:** Certificate Program, Kempe Center for Prevention & Treatment of Child Abuse & Neglect. Department of Pediatrics; University of Colorado School of Medicine.
- 2009 CAFAS Training**
- 2009 Suicide Intervention Training**
- 2007 Group Crisis Intervention:** International Critical Incident Stress Foundation Inc.
- 2006 Inviting Dialogue: Restorative Justice & Victim Offender Mediation**

**PUBLICATIONS:**

Short, J. L., & Russell-Mayhew, S. (2009). What Counsellors Need to Know About Resiliency in Adolescents. *International Journal for the Advancement of Counselling*, 31(4), 213-228.

**PROFESSIONAL ORGANIZATIONS AND AFFILIATIONS:**

Association of Family and Conciliation Courts  
Association for the Treatment of Sexual Abusers  
Canadian Register of Health Service Providers in Psychology  
Psychological Association of Alberta