

Jenifer Leigh Gardener

PROFESSIONAL CREDENTIALS

Registered Psychologist College of Alberta Psychologists
Registration No. 3527

EDUCATION

Master of Science Counseling Psychology June 2007
University of Massachusetts Boston

Bachelor of Arts Psychology June 2005
University of Calgary

PROFESSIONAL EXPERIENCE

Consulting Psychologist Victim Assistance Unit, Calgary Police Service August 2010 – Present

- Provide individual and group debriefs to volunteers after exposure to difficult and potentially traumatic cases
- Responsible for assessing employees' need for further therapeutic intervention and making recommendations to unit sergeant
- Provide on-going individual therapy as required
- Provide consultation and support to the unit on an as-needed basis

Psychologist Stabilization Program, Wood's Homes October 2008 – June 2011

- Provided direct treatment services to a caseload of adolescents and families in the form of individual, family and group psychotherapy
- Performed psychosocial assessments for clients with recommendations for future placement and treatment needs
- Worked as part of an inter-disciplinary team to address treatment goals and provide therapeutic interventions
- Provided clinical consultation to residential, school and in-home programs within the agency
- Provided staff training and clinical supervision for nine frontline staff
- Provided clinical training to community professionals, practicum students and other trainees as requested
- Conducted regular program reviews and researched evidence-based practices to implement in program
- Implemented a clinical model for the program

Crisis Counselor II Community Resource Team, Wood's Homes August 2007 – September 2008

- Provided crisis intervention to individuals and families via telephone or face-to-face mobile visits in the home or community
- Provided risk assessments for children, adolescents and adults
- Facilitated admission of at-risk youth to a short-stay residential program
- Managed case files and created treatment plan
- Promoted the work of the Community Resource Team at agency trainings, community fairs and school
- Assisted in data collection and analysis for program evaluation

- Assisted in training new employees and volunteers as crisis counselors

Graduate Intern

Taunton State Hospital

June 2006 – May 2007

- Provided counseling and coordination of mental health services to adults forensically involved on in-patient psychiatric units
- Conducted intakes and assessments
- Participated in treatment planning
- Conducted individual and group therapy
- Responsible for detailed documentation of assessments, individual and group progress notes and treatment plans

Graduate Assistant

University of Massachusetts Boston

September 2005 – May 2007

- Assistant to Rick Houser, Ph.D., Assistant Dean of the Graduate College of Education and full-time faculty member
- Assisted in preparing for accreditation of the counseling department
- Participated in qualitative research examining counselor development and training methods with Dr. Houser, and Varda Konstam, Ph.D.
- Conducted research with Lisa Cosgrove, Ph.D. examining possible biphasic effects of antidepressants on breast and ovarian cancer
- Assisted in preparation of a graduate research textbook *Counseling and Education Research: Evaluation and Application* by Dr. Houser
- Supported research for theoretical articles with Dr. Houser.

AWARDS AND HONORS

Book Award for Excellence
June 2007

in Scholarship in Counseling

University of Massachusetts Boston

- Faculty award for academic achievement in counseling psychology

Golden Heart Award

Calgary Police Service, Victim Assistance Unit

December 2004

- Civilian award for dedication to victims of crime and the Calgary Police Service Victim Assistance Unit

PRESENTATIONS AND TRAININGS

2011 Family Centered Care for Street Services: A Four Part Training

2010 What is Treatment: Implementing Treatment in Residential Programs

2009 Families Feud: How to Play the Game and Win.

PROFESSIONAL DEVELOPMENT

2011 Evidence-based Interventions for Children with Sexual Behavior Problems: Treatment, Social and Policy Implications: Presented by Jimmy Widdifield. Center on Child Abuse and Neglect, Department of Pediatrics, University of Oklahoma, Health Sciences Center.

Responding to Traumatic Experience: Presented by Angel Yuen

- What's in a Word: The Language of Family Centered Care: Presented by Nancy McElheran.
- 2010 Parenting Capacity Assessment in Child Protection Matters: University of Calgary Continuing Education
- The Impact of Trauma and Neglect on the Developing Child: Presented by Dr. Bruce Perry.
- Collaborative Helping: A Practice Framework for Working with Multi-Stressed Families: Presented by Dr. William Madsen. Family Centered Services Project.
- Doing Therapy Briefly: Presented by Dr. Arnold Slive.
- Family Group Conferencing: Presented by Jody Passmore
- Problem Sexual Behavior in Children: Presented by Sandy Forsythe
- Assessing Problem Behavior in Children: Presented by Pearson Assessments
- Parenting Relationship Questionnaire Training: Presented by Pearson Assessments
- 2009 Systemic Concepts for Daily Practice: Presented by Dan Wulff and Sally St. George.
- A Response-Based Approach to Interpersonal Violence: Presented by Nick Todd.
- Harnessing the Power of Attachment: Presented by Dr. Gordon Neufeld
- The Art and Science of Love: Introduction to the Gottman Method of Couples Therapy: Presented by Dr. Vagdevi V. Meunier
- Family Therapy Workshop: Presented by Dr. Karl Tomm
- 2008 Child and Adolescent Functional Assessment Training: Presented by Wood's Homes
- Family Centered Care Conference: Hosted by SACHYN and Alberta Health Services
- Using the Child Behaviour Checklist in Residential Programs: Presented by Wood's Homes
- 2007 ASSIST Suicide Intervention Training

PROFESSIONAL AFFILIATIONS

College of Alberta Psychologists
Canadian Psychological Association
Psychologists' Association of Alberta
American Psychological Association