

**Adriana Sorbo, M.A., R. Psych.**

Amundson & Associates

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**EDUCATION & LICENSURE**

- 2009**                    **Registered Psychologist**, College of Alberta Psychologists  
**2006**                    **Master's of Arts, Counselling Psychology**, McGill University, Montreal, QC.  
**2002**                    **Bachelor of Arts, Psychology**, University of Calgary, Calgary, AB

**CAREER-RELATED EXPERIENCE**

**March 2009-present** **Registered Psychologist**, Amundson & Associates

- Individual therapy with children, adolescents and adults

**2008-present**            **Family Counsellor**, Alberta Health Services

- Provision of case management and short-term individual and family therapy to children and adolescents admitted to the Urgent Services in-patient program at the Alberta Children's Hospital

**2007- 2008**              **Registered Provisional Psychologist (507p)**, Calgary Counselling Centre

- Provision of psychotherapy with adult individuals and couples, children and families
- Group facilitator for the children's program (children ages 4-10 and their parents)

**2007-2008**              **Group Facilitator**, Healthy Relationships program, Calgary Women's Emergency Shelter

- Co-facilitated an abuse-prevention high school process group for young women

**2006-2007**              **Counsellor, International Placement**, YMCA Greater Montreal/YMCA Nicaragua

- Collaborated with the program coordinator and social worker on various ongoing projects in the youth centre, including organizing awareness days and workshops for youth and for mothers in the community
- Designed and facilitated a series of workshops and group counselling sessions on group cohesion

**2005-2006**              **Intern Counsellor**, McGill Counselling Services, Montreal, QC

- Individual counselling with students in a university counselling centre
- Designed and co-facilitated a workshop on women's issues
- Co-facilitated a workshop on stress management

- 2002-2004**            **In-Home Family Support Worker**, Salvation Army Children's Village, Calgary, AB
- As a member of a multi-disciplinary team, provided support and advocacy for children and families involved with child welfare
  - Taught parenting skills, anger management skills

## **PROFESSIONAL DEVELOPMENT**

- 2009**                    Narrative Therapy with children and adolescents, and adults
- 2009**                    Expressive Arts Therapy
- 2006**                    Introduction to play therapy
- 2003**                    Aboriginal Awareness Training
- 2003**                    Numbing the Pain: PTSD and Substance Abuse in Women
- 2003**                    Child Welfare Training
- 2003**                    Solution-Focused Brief Therapy, Level I & II
- 2003**                    Invest In Kids Training
- 2002**                    Suicide Prevention Training Program
- 2002**                    Pathological Gambling: Correlates and Treatments

## **PROFESSIONAL AFFILIATIONS**

College of Alberta Psychologists  
Psychologists' Association of Alberta  
American Psychological Association

## **PUBLICATIONS**

Sorbo, A., Beveridge, P., & Drapeau, M. (2009). *Choosing Family: One Woman's Journey Through Recovery From Cocaine Addiction*. Journal of Families in Society, 90. Alliance for Children and Families: Milwaukee, WI.

Sorbo, A., Hodgins, D. & Holub, A. (2002). *A Prospective Study of the Precipitants of Gambling Relapse: A Pilot Study*. Undergraduate honours thesis. University of Calgary, Calgary, AB, Canada.